Menus:

Week 1

Date:

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------------|--|------------------------------|---------------------------------------|----------------------|------------------------------|------------------|---------------------|
| Soup | | | | | | | |
| | | | Vegetarian Day | | | | |
| LUNCH | V-Cheesy | V-Black bean tofu & | V-Grilled vegetable | V-Mediterranean | V-Spiced roasted | | |
| Main Courses | cauliflower, b'nut & roast onion bake | vegetable stir-fry | & halloumi stack, tomato sauce | vegetable lasagne | vegetable, yogurt drizzle | BRUNCH | CLOSED |
| | | | | | | May Ball – BUSY! | |
| | Sri Lankan style | FoD on peas & | PB-Portobello | Stuffed pork | Panko crumbed | | |
| | chicken curry | edamame bean | mushroom 'Kiev' | escalope, green | flatfish, lemon, | | |
| | | ragout, Japanese dressing | | peppercorn sauce | cocktail sauce | | |
| | | 0 | | | Cod loin in herb crust, | | |
| | | | | | lemon sauce | | |
| Plant-based | PB-Tempura | PB-Baked Potato | PB-Harissa spiced | PB-Baked potato | PB-Bean salad, Caesar | | |
| | vegetable pot, | -Chilli avocado | vegetable & | -baked beans | salad | | |
| | wasabi mayo | -Kidney bean & veg | houmous wrap | -spicy avocado | | | |
| | | mayo | • | coriander | | | |
| Sweet | Raspberry yogurt | Vanilla & berry | PB-Chocolate | Plum frangipane tart | Strawberry pavlova & | | |
| PB Sweet available | fool | sponge, strawberry | mousse with | | granola | | |
| | | sauce | strawberry salad | | | | |
| DINNER | PB/V-Red lentil dhal | PB-Linguine, spiced | PB-Butternut, | V-Courgette piccata, | | | PB-Vegetable fried |
| Main Courses | with marinated paneer | roast pepper sauce | quinoa, spinach, cheese cannelloni | tomato coulis | EARLY HALL / FH | CLOSED | rice, spring rolls |
| | puncer | | | | | May Ball – BUSY! | Whole roasted |
| | Beef sausage, | Turkey ham | V-Vegetable sausage | LMH Cheeseburger | | | chicken |
| | Yorkshire pudding, | carbonara | & chilli dog | | | | 'Grandmother style' |
| | caramelized onion | | | | | | eranametrier style |
| | gravy | | | | | | |
| Daily Snack | Warm chicken | Chicken kebab & | PB-Pulled oomph & | PB-Falafel & smoked | | | Canadian 'Poutine' |
| | schnitzel & curry | cous cous on flat | slaw ciabatta | aubergine ciabatta | | | PB-available too |
| | mayo wrap | bread | | | | | |
| Sweet | Carrot cake | Cheesecake of the | PB-Coconut rice | Fruit salad pots | | | Rhubarb crumble, |
| PB Sweet available | | day | pudding, tropical | | | | custard |
| | | | fruit salad | | | | |

Menus:

Week 1

Date:

<u>SCR MENU</u>

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------|--|--|---|--|--|
| Soup | | | Vegetarian Day | | |
| LUNCH Main Courses | V-Cheesy cauliflower, b'nut & roast onion bake | V-Black bean tofu & vegetable stir-fry | V-Grilled vegetable & halloumi stack, tomato sauce | V-Mediterranean vegetable lasagne | V-Spiced roasted vegetable, yogurt drizzle Panko crumbed flatfish, |
| | Sri Lankan style chicken curry | FoD on peas & edamame bean ragout, Japanese dressing | PB-Portobello mushroom 'Kiev' Duck leg confit, Port wine sauce | Stuffed pork escalope, green peppercorn sauce | Cod loin in herb crust, lemon sauce |
| Plant-based (avail. from the Hall) | PB-Tempura vegetable pot, wasabi mayo | PB-Baked Potato -Chilli avocado -Kidney bean & veg mayo | PB-Harissa spiced vegetable & houmous wrap | PB-Baked potato -baked beans -spicy avocado coriander | PB-Bean salad, Caesar salad |
| Cold platters | Vegetarian Meat Cheese | Vegetarian Fish Cheese | Vegetarian Meat Cheese | Vegetarian Fish Cheese | Vegetarian Meat Cheese |
| Sweet | Raspberry yogurt fool Carrot cake | Vanilla & berry sponge, strawberry sauce | PB-Chocolate mousse with strawberry salad | Plum frangipane tart | Strawberry pavlova & granola |
| Fruit | 2x fresh fruit diced or sliced | 2x fresh fruit diced or sliced | Fresh berries, pouring cream | 2x fresh fruit diced or sliced | 2x fresh fruit diced or sliced |

V = Vegetarian PB = Plant-based