

# Week 6 lunch menus - Monday to Thursday-12.00pm-1.30pm Friday lunch will be served once the Main Mourners depart, expected 1.15pm-2.15pm

Main course prices \*Special £1.75\* Standard £2.75 \*\*Premium £3.45\*\* Desserts £1.30 Soup & bread £1.50 Veg/pots/rice/pasta/chips per portion 75p Yogurts small 50p large 75p Refer to price list for other prices

### **MONDAY**

Venison burgers, cheddar tomato and onion relish, floured baps
\*Cumin and lemon chicken on spiced rice\* GF
\*Sweet potato and ginger rosti, houmous and coriander pesto\*VN GF
Spicy bean burger with tomato relish and onion relish, floured baps
Bean Medley, Chillied sweetcorn, Fries or Creamy gratin potato
Sticky toffee pudding, cream

### **TUESDAY**

Gourmet fish fingers with rocket and tartare sauce sandwiches Beef Cumberland pie with crushed vegetable, kale and cheddar crust GF Butternut stuffed with fruit and nut quinoa with a tahini soy dressing VN Feta borek on sautéed black kale

Peas or Roast chanternay, Jacket wedges, Steamed baby potatoes Chantilly chocolate Jaffa cake, cream

### **WEDNESDAY**

\*Chicken & chorizo ragu\* GF Spiced lamb pittas

Veggie meatballs woodland mushrooms, creamy pesto \*BBQ pulled jackfruit tacos\*VN

Garlic and herb courgettes or Sweetcorn and peppers, Steamed rice, Herby diced potatoes

Various Ice cream and Sorbet pots

### **THURSDAY**

Beef goulash GF

Pork & apple stew with parsley & thyme dumplings
Winter vegetable pie with butternut and sweet potato mash VN
Creamy mushroom and brie stuffed Yorkshire puddings

Sautéed cabbage with smoked bacon or winter vegetable medley Mashed or Rosemary roast baby potatoes, Earl grey berry cake, cream

### **FRIDAY**

Battered cod with lemon wedges and tartare sauce (GF on request)
Chargrilled chicken with lemon and coriander GF
Veggie shawarma wrap with chimichurri dressing VN
\*Pepperoni pizza twist \* or \*Margarita pizza twist\*
Minted Peas or Vegetable medley, Chips or Steamed baby potatoes,
Sultana, pineapple and coconut rice pudding



### Week 7 lunch menus - Monday to Friday-12.00pm-1.30pm

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### **MONDAY**

\*Beef bolognese and macaroni cheese bake\*
Italian Stuffed chicken breast on pesto and cherry tomato gnocchi
\*Spinach and ricotta stuffed cannelloni\*
Roasted Courgette topped with a lemon, fennel and mushroom pilaf VN GF
Garlicky green beans, Sicilian style cauliflower
Rosemary roasted baby potatoes or Herb penne pasta
Salad bar, Fresh fruit, Fresh fruit salad or Chocolate and orange Jaffa cake cream

### **TUESDAY**

\*\*Gilt head bream with fruited saffron couscous, pomegranate dressing\*\*
Chuck and brisket burgers with cheddar, crunchy slaw and floured baps
B12 moving mountains burger, vegan mayo slaw and floured baps VN
Aubergine stuffed with sweet chilli Asian vegetables GF VN
Sugar snaps and baby corn or Minted peas
Fries or Herbed baby potatoes, Lemon tart, cream

## **WEDNESDAY**

Irish Lamb casserole GF
\*Beef and onion pie\* Gravy
Root vegetable and lentil hotpot VN
\* Vegetable callaloo patties\* Gravy

Roast chanternay and kohlrabi or Broccoli with almonds and smoked garlic Herby diced potatoes or Celeriac mash, Apple and plum lattice, cream

### **THURSDAY**

Roast pork belly, apple sauce GF
Lemon Roast chicken GF with pigs in blankets and chorizo stuffing, Gravy/ Gravy
Rainbow vegetable stew with herb dumplings VN
Vegetable nut roast with wilted spinach and diced roast butternut
Honey roast parsnips, Wine and citrus sautéed red cabbage
Dauphinoise baby potatoes or Roast potatoes, St Clements pudding and custard

### **FRIDAY**

Battered cod with lemon wedges and tartare sauce (GF on request)
\*Spiced chicken and crunchy slaw pittas (halal) or \*Falafel and crunchy slaw pittas\* VN
Asparagus and red onion tart

Minted Peas or Baby corn and French beans Chips or Steamed baby potatoes, Caramel apple pie, cream



### Week 8 lunch menus - Monday to Friday - 12.00pm - 1.30pm

Main course prices \*Special £1.75\* Standard £2.75 \*\*Premium £3.45\*\* Desserts £1.30 Soup & bread £1.50 Veg/pots/rice/pasta/chips per portion 75p Yogurts small 50p large 75p Refer to price list for other prices

### **MONDAY**

Chicken lasagne

\*\*Beef steak garni\*\* GF no onion rings

Veggie sausage garni

Khobez bread, baba ganoush, wilted spinach, sweet potato falafel and pomegranate VN Steamed baby potatoes or Jacket wedges, Minted carrots or Fine beans

Peanut and caramel tart GF and Cream

### **TUESDAY**

\*\*Salmon with sesame, soy & ginger rice noodles\*\* GF
Crispy chicken burger with cheddar, smokey bacon and charcoal buns
Veggie beetroot burger with gherkins sweetcorn relish and vegan brioche VN
Frittata with roast peppers and spring onions

Broccoli florets, Roast chanternay carrots and peas
Parmesan and truffle fries, Steamed baby potatoes
Banana and Nutella, Orange and lemon or Blueberry and maple Pancakes, cream

### **WEDNESDAY**

\*Minted lamb shepherd's pie\* GF
Pork with sage and mozzarella parmigiana
\*Roast aubergine with feta rosemary and vine tomatoes\* GF
Mushroom and chestnut bourguignon puff pastry pies VN
Medley of fresh vegetables
Herby diced potatoes, baby jacket potatoes

### **THURSDAY**

Vegan Apple tart with Soy cream VN or custard

Butter chicken GF
Beef korma with toasted almonds GF
Cauliflower coconut and lentil curry VN
Jack fruit, butternut squash and paneer curry

Spiced tomato green beans or Turmeric roast cauliflower Bombay potatoes or Cardamom and cumin basmati, Sweet selection Salted caramel fudge cake, cream

### **FRIDAY**

Battered cod with lemon wedges and tartare sauce (GF on request)
\*BBQ pork rib steak or Mac and cheese with sage and chilli\*
Griddled corn and chilli polenta with green salsa VN
Minted Peas or Chargrilled cauliflower with zesty polonaise
Chips, Steamed baby potatoes
Raspberry pavlova, cream



### Trinity Term Week 1 lunch menus - Monday to Friday -12.00pm-1.30pm

Main course prices \*Special £1.75\* Standard £2.75 \*\*Premium £3.45\*\* Desserts £1.30 Soup & bread £1.50 Veg/pots/rice/pasta/chips per portion 75p Yogurts small 50p large 75p Refer to price list for other prices

### **MONDAY**

\*Beef moussaka\* Chicken tagine GF

Spinach and pine nut Spanakopita with pepper and tomato sauce \*Vegan tagine with butternut, almonds and kale\* VN GF

Bean medley or Cumin roast cauliflower, Roasted garlic baby potatoes or Jewelled couscous Chocolate fudge cheesecake, Cream

### **TUESDAY**

\*\*Honey and orange roast sea bass with spinach and puy lentils\*\* GF

Venison burger, crispy bacon, cheddar and floured baps

Creole stuffed rainbow peppers VN

B12 beetroot burger with blue cheese and floured babs

Peas and corn or Garlicky green beans, Fries or Jacket potatoes Raspberry frangipane tart GF VN, Cream or Soy cream

### **WEDNESDAY**

\*Katsu chicken\*

Beef and green pepper and mushrooms in black bean GF

\*Sweet potato & aubergine katsu curry\* VN Vegetable and fried tofu Thai green curry

Fried egg noodles with beansprouts, Steamed rice, Garlic broccoli or Soy and sesame carrots lce cream and sorbet pots

# **THURSDAY**

Roast pork belly, apple sauce GF Gravy Grilled Turkey escalope with sage and sautéed onions

Veggie shepherd's pie VN Gravy

Nut loaf on tomato, spinach and carrot salsa

Honey roast parsnips or Shredded chilli cabbage, Hungarian potatoes or Jacket baby potatoes

Hot cross bread and butter pudding, custard

### **FRIDAY**

Battered fish, with tartare sauce and lemon wedges GF on request

\*Veggie or Chicken and bell pepper pasta bake\* Halal

\*Spinach and falafel cakes in pittas with Asian spiced crunchy slaw\* VN

Minted peas or Baked Baton courgettes parmesan crust, Chips or Steamed baby potatoes Lemon roulade with *strawberries* 



### Trinity Term Week 2 lunch menus - Monday to Friday -12.00pm-1.30pm

Main course prices \*Special £1.75\* Standard £2.75 \*\*Premium £3.45\*\* Desserts £1.30 Soup & bread £1.50 Veg/pots/rice/pasta/chips per portion 75p Yogurts small 50p large 75p Refer to price list for other prices

### **MONDAY**

### Bank holiday

\*Assorted pizzas inc Veggie\*
Chicken piri piri on savoury rice GF
\* Spiced couscous and sun dried tomato stuffed peppers\* VN
Vegetable medley, Herb baby potatoes or Jacket wedges
Carrot cake GF cream

### **TUESDAY**

\*\*Blackened Cod with Mango Salsa \*\* GF
Chargrilled beef burger with cheddar, maple smoked bacon and baps
B12 Veggie burger, cucumber chutney, baps VN
Chimmichurri portabella mushrooms with minted halloumi GF
d berb courgettes or Roast chanternay carrots. Fries or Steamed baby

Garlic and herb courgettes or Roast chanternay carrots, Fries or Steamed baby potatoes Cookie dough cheesecake, cream

### WEDNESDAY

\*Chicken and vegetable curry\* GF
Lamb korma with toasted almonds GF

\*Vegetable dhal\* VN GF
Cauliflower, paneer and pea curry

Vegetables stir fried with garlic, ginger and lime, Allo saag, Cardamom basmati rice lce cream or sorbet pots

# THURSDAY Beef Bourguignon GF

Turkey and ham puff pastry pie
Spring vegetable pie with rosemary pastry VN
Mediterranean casserole with peppers, lentils, sweet smoked paprika
Spring vegetable medley, Mashed potatoes or Herby diced potatoes
Sticky toffee pudding, vanilla custard

### **FRIDAY**

Beer battered cod with lemon wedges and tartare sauce GF on request \*Jumbo hot dog with fried onions\*

Tempura battered tofu and vegetables with lemon wedges VN \*Quorn frankfurter with fried onions\*

Minted Peas or Baby corn and French beans, Chips or Steamed baby potatoes Red velvet cake, cream GF



### Trinity Term Week 3 lunch menus - Monday to Friday -12.00pm-1.30pm

Main course prices \*Special £1.75\* Standard £2.75 \*\*Premium £3.45\*\* Desserts £1.30 Soup & bread £1.50 Veg/pots/rice/pasta/chips per portion 75p Yogurts small 50p large 75p Refer to price list for other prices

### National Vegetarian week

### MONDAY

Southern fried chicken burger with smoked bacon cheddar and charcoal buns Chimmichurri jackfruit, guacamole and refried bean wraps Eggplant moussaka with pine nut cream VN \*Chargrilled quorn fillet with a cream pesto and pepper sauce\*

Vegetable medley or Corn on the cob with chilli butter, Baby roast potatoes or Spicy wedges Cookie dough cheesecake, cream

### **TUESDAY**

\*\*Grilled Sea bass on leek carbonara\*\* GF
Sweet potato, bell pepper, cashews and chilli pakoras
B12 burger with corn relish and floured baps
Spicy tempeh, fennel and broccoli rabe with fusilli VN
Bean medley or Peas and baby onion, Steamed baby potatoes or Fries
Carrot cake GF, cream

### WEDNESDAY

Beef Massaman curry GF
\*Vegetable chow mien\* GF
Butternut peanut curry

Sri Lankan 'No chicken' jack curry with pineapple VN

Jasmine rice, Prawn crackers Stir-Fried Vegetables with Garlic, Ginger and Lime VN GF Mango Bruleè cheesecake, cream

### **THURSDAY**

Chicken and broccoli gratin dauphinoise GF
Leek and brie stuffed Yorkshire pudding
Sweet potato, broccoli and goats cheese frittata GF
Cauliflower and mushroom pie with black olive crust VN

Fine beans or Sautéed leeks and spring greens, Herby dice potatoes or baby jacket potatoes

Treacle sponge and custard

### <u>FRIDAY</u>

Battered fish, Tartare sauce and lemon wedges GF on Request Creole stuffed peppers wild mushroom sauce GF \*Vegetable pasta bake\*

Potato and kale enchiladas with roasted chilli sauce VN
Peas and sugar snaps or Minted baton carrots, Chips or herb baby potatoes
Rice pudding and jam sauce



### Week 2 lunch menus - Monday to Friday-12.00pm-1.30pm

Main course prices \*Special £1.89\* Standard £2.89 \*\*Premium £3.95\*\* Desserts £1.39 Soup & bread £1.59 Veg/pots/rice/pasta/chips per portion 79p Yogurts small 55p large 79p Refer to price list for more information

### **Monday**

Beef and vegetable Yorkshire pudding wraps
\*BBQ Chicken legs\* GF

Chimmichurri portabella mushrooms, grilled Halloumi (or grilled tofu on request VN)
\*Baked gnocchi with tomato, spinach and mozzarella\*

Bean Medley, or Corn and peppers, Sweet potato fries or Jacket potato halves Black forest roulade, cream

# **Tuesday**

Fish pie with cheesy mash GF
Chargrilled pork and chilli burgers, apple, brioche buns
Veggie burger, cucumber relish, brioche buns
Veggie and edamame bean fajitas VN

Roast chanternay carrots or Minted peas, Jacket wedges or Steamed baby potatoes

Princess fritters, custard

# **Wednesday**

\*Battered Chicken bites with sweet and sour sauce\*
Thai lamb curry GF

Oriental vegetables tofu in black bean sauce VN \*Vegetable chow mein\* VN

Steamed rice, Prawn crackers Asian vegetables in soy, garlic and sesame, Pak choi and carrots in yellow bean Ice cream or sorbet pots

### **Thursday**

Macaroni cheese pots topped with pulled chillied beef Blackened Pork ribeye steaks GF

Brie, mushroom and cranberry Yorkshire puddings
Moroccan spiced Cauliflower roulade with chickpea chutney with jewelled Couscous VN

Ratatouille or Citrus fine beans, Truffle Fries or Minted baby potatoes Coffee and walnut cake, cream

### Friday

Battered fish with lemon wedges and tartare sauce (GF on request)
\*Hotdogs with curry dressing\*

Cajun spiced tempura battered tofu and vegetables with lemon wedges, soy tartare sauce VN \*Quorn hotdog with curry dressing\*

Minted Peas or Baby corn and French beans, Chips or Steamed baby potatoes Chocolate fudge cake, cream

NB: Soup with breads served lunchtime's weeks 0-9
Salad bar, Fresh fruit, Fruit salad, deserts and Yogurts served daily
GF denotes gluten free and VN denotes Vegan



Week 2 Dinner Menus Monday, Wednesday and Friday 5.30pm-7.30pm Tuesday, Thursday and Saturday 5.30pm-6.30pm Sunday 6.00pm-7.30pm

Main course prices \*Special £1.89\* Standard £2.89 \*\*Premium £3.95\*\* Desserts £1.39 Soup & bread £1.59 Veg/pots/rice/pasta/chips per portion 79p Yogurts small 55p large 79p Refer to price list for more information

# **Monday**

Kerala tamarind and chilli pork curry GF or Lamb korma GF
\*Navaratan vegetable kurma VN GF\*

Roast turmeric cauliflower, Bombay green beans, Steamed basmati rice, Sweet selection

# **Tuesday**

Roast Beef GF Horseradish,
\*Roast chicken\* GF Gravy, stuffing
\*Root vegetable tart tatin\* Gravy VN

Roasted or Crushed potatoes, Savoy cabbage or Cauliflower cheese, Sweet selection

# **Wednesday**

Braised Lamb steaks GF Turkey parmigiana

Mushroom, leek, spinach and potato filo pie, Gravy VN

Vegetable medley

Sauté or Rosemary roast baby potatoes, Sweet selection

# **Thursday**

\*Meat pizzas or Veggie pizzas\*

Chargrilled chicken escalope with tarragon and crème fraiche GF

Veggie sausage garni VN

Sweetcorn or BBQ baked beans, Spicy wedges or baby potatoes, Sweet selection

## <u>Friday</u>

Lamb Moussaka BBQ pork belly ribs GF

Veggie burritos with cheese and salsa (VN on request)

Baton carrots or Sautéed herb courgettes Fries or Baby new potatoes, Sweet selection

# **Saturday**

Snack bar

\*Jacket potatoes/couscous/rice/pasta\*

\*Various Meat and Veggie dishes including VN and GF\* Sweet selection

## **Sunday**

Chargrilled butterfly chicken with roasted cherry tomatoes GF Lamb shepherds pie GF

Vegetable cottage pie with sweet potato mash VN

Selection of fresh vegetables, baby potatoes or sauté potatoes, Sweet selection

NB: Salad bar, Fresh fruit, Fruit salad, Deserts and Yogurts served daily

GF denotes gluten free and VN denotes Vegan

For Allergy information, please refer to the allergy matrix or ask a member of staff Menus are subject to last minute changes



# Michaelmas Term Formal Dinners Week 2

# **Tuesday Dinner**

Pea, mint and watercress soup
Artisan rolls and butter

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Rosemary and garlic lamb chump, port wine jus
Veggie shepherd's pies with root veg mash, port jus
Heritage carrots and fine green beans
Polenta roasted baby potatoes

Warm sticky toffee pudding and custard

Coffee & Mints

# **SCR Thursday Guest Night Dinner**

Celeriac and wild mushroom soup with truffle oil
Artisan rolls and butter

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Salmon en croûte or vegetables on croûte
White wine and herb sauce
Peas, wilted gem lettuce and pearl onions
Minted baby potatoes

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Baked vanilla cheesecake with berry compote

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Dessert, Truffles, Coffee and St Peter's Mints

Served in SCR dining room